

Course Title : Introduction to Psychology

Code	Course Type	Regular Semester	Lecture (hours/week)	Seminar (hours/week)	Lab (hours/week)	Credits	ECTS
PSY 101	A	1	3	1	0	3.50	5
Lecturer and Office Hours			Ana Uka, PhD				
Teaching Assistant and Office Hours							
Language			English				
Course Level			Bachelor				
Description			This course will be a brief and selective introduction to topics in contemporary psychology. The topics to be covered are diverse, covering scientific methods of research in psychology, learning, cognitive and social development, social behavior, personality, and psychological disorders and their treatment				
Objectives			Successful completion of this course will be determined by how well students demonstrate an understanding of the course objectives. Upon completion of this course, students will be able to: - Understand the vocabulary and concepts of psychology. - understand the research upon which the knowledge of human thought and behavior is based - understand how critical thinking skills are developed - be a cautious and analytical consumer of information that is proclaimed to be scientific or based on research - have a greater understanding and accepting of him/herself and others - describe the critical developments that led to the present discipline of psychology contrast and compare the three major - describe and apply psychological theory in some areas of his/her life				

Course Outline

Week	Topics
1	Exploring Psychology: Thinking critically with psychological science
2	The biology of mind
3	Consciousness and the two-track mind
4	Nature, nurture and human diversity
5	Sensation and perception
6	Developing through the life span
7	Learning
8	Midterm Exam
9	Memory
10	Thinking, language and intelligence
11	Motivation
12	Emotions, stress and health
13	Personality
14	Psychological disorders
15	Therapies
16	Final Exam
Prerequisites	
Textbook	
• Myers, D. G. (2014). Exploring Psychology with updates on DSM-5. 9th Ed. New York: Worth Publishers.	
Other References	
• Gray, P. (2012). Psychology. 5th Ed. New York: Worth Publishers	

Laboratory Work	
Computer Usage	
Other	

Learning Outcomes and Competences

1	Will be able to comprehend the psychology field as a scientific field
2	Understanding related scientific methodology and research in psychology.
3	Knowledge of sensory processes.
4	Understanding of developmental theories.
5	Establishes relationship the psychology knowledge with daily life.
6	Will be able to explain the main concepts and subjects related to the psychology field.
7	Explain the intelligence concept and intelligence theories.
8	Explain the concepts of sensation, perception and memory.
9	Understanding of motivation underlying behavior.
10	Ability to differentiate normal and abnormal behavior.
11	Knowledge of cognitive development.

Course Evaluation Methods

In-term studies	Quantity	Percentage
Midterms	1	30
Quizzes	0	0
Projects	0	0
Term Projects	0	0
Laboratory	0	0
Attendance	1	10
Contribution of in-term studies to overall grade		40
Contribution of final examination to overall grade		60
Total		100

ECTS (Allocated Based on Student) Workload

Activities	Quantity	Duration (hours)	Total Workload (hours)
Course Duration (Including the exam week : 16 x Total course hours)	16	4	64
Hours for off-the-classroom study (Pre-study, practice)	14	3	42
Assignments	0	0	0
Midterms	1	9	9
Final examination	1	10	10
Other	0	0	0
Total Work Load			125
Total Work Load / 25 (hours)			5
ECTS			5