

**Course Title : Theories and Techniques of Counseling**

Code	Course Type	Regular Semester	Lecture (hours/week)	Seminar (hours/week)	Lab (hours/week)	Credits	ECTS
PSD 413	B	1	3	1	0	3.50	6
<b>Lecturer and Office Hours</b>			Lediona Asabella, PhD				
<b>Teaching Assistant and Office Hours</b>							
<b>Language</b>			English				
<b>Course Level</b>			Master				
<b>Description</b>							
<b>Objectives</b>							

**Course Outline**

Week	Topics
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	Final Exam

<b>Prerequisites</b>	
<b>Textbook</b>	<ul style="list-style-type: none"> <li>Corey, G. (2004). Theory and Practice of Counseling and Psychotherapy. Cenagage Learning.</li> </ul>
<b>Other References</b>	<ul style="list-style-type: none"> <li>Brown, D., Pryzwanski, W. B. &amp; Schulte, A.C. (1991). Psychological Consultation: Introduction to Theory and Practice. USA: Allyn And Bacon..</li> <li>Ivey, A.E., Bradford, I.M., &amp; Simek, D.L. (1987). Counseling and Psychotherapy Integrating Skills, Theory, and Practice. (2nd Ed.). USA: Prentice-Hall International</li> </ul>
<b>Laboratory Work</b>	
<b>Computer Usage</b>	
<b>Other</b>	

**Learning Outcomes and Competences**

**Course Evaluation Methods**

<b>In-term studies</b>	<b>Quantity</b>	<b>Percentage</b>	
Midterms	0	0	
Quizzes	0	0	
Projects	1	20	
Term Projects	0	0	
Laboratory	0	0	
Attendance	1	10	
<b>Contribution of in-term studies to overall grade</b>		<b>30</b>	
<b>Contribution of final examination to overall grade</b>		<b>70</b>	
<b>Total</b>		100	
<b>ECTS (Allocated Based on Student) Workload</b>			
<b>Activities</b>	<b>Quantity</b>	<b>Duration (hours)</b>	<b>Total Workload (hours)</b>
Course Duration (Including the exam week : 16 x Total course hours)	16	4	64
Hours for off-the-classroom study (Pre-study, practice)	14	5	70
Assignments	1	0	0
Midterms	0	12	0
Final examination	1	16	16
Other	0	0	0
<b>Total Work Load</b>			<b>150</b>
<b>Total Work Load / 25 (hours)</b>			<b>6</b>
<b>ECTS</b>			<b>6</b>