

## Course Title : Group Dynamics and Counseling

Code	Course Type	Regular Semester	Lecture (hours/week)	Seminar (hours/week)	Lab (hours/week)	Credits	ECTS
PSD 314	B	6	3	1	0	3.50	4
<b>Lecturer and Office Hours</b>			Erilda Ajaz, Msc				
<b>Teaching Assistant and Office Hours</b>							
<b>Language</b>			English				
<b>Course Level</b>			Bachelor				
<b>Description</b>			A study of the development of group dynamics, and theories regarding instruction group, group counseling and therapy group. Leadership styles are explored, techniques and roles, ethics and legal issues related to the group interventions.				
<b>Objectives</b>			This course aims to: introduce the basic theories and procedures of group counseling. utilize classroom lecture, discussions and film materials. to provide the ability to show an understanding of the theories and procedures used in the control group.				

## Course Outline

Week	Topics
1	Presentations, discussions of curriculum, ethical and legal issues
2	Types of groups. Multicultural perspective on group work. Diversity and competent group counselor.
3	The group counsellor as a person and professional. The coleadership model.
4	Ethical and legal issues in group counselling
5	Theories of group counselling
6	Techniques of group counselling
7	Forming a group
8	Mid term exam
9	Initial stage of a group
10	Transition stage of a group.
11	Working stage of a group.
12	Final stage of a group
13	Groups in community settings
14	Groups in school settings
15	Project presentation
16	Final Exam
<b>Prerequisites</b>	
<b>Textbook</b>	• Corey, M.S., Corey, G., & Corey, C. (2013). Groups: Process and Practice. (9th Ed.). Belmont, CA: Thomson Brooks/Col
<b>Other References</b>	• Donelson R. F. (2009). Group Dynamics. Wadsworth Cengage Learning
<b>Laboratory Work</b>	
<b>Computer Usage</b>	
<b>Other</b>	

## Learning Outcomes and Competences

<b>1</b>	Demonstrate understanding of the principles of group dynamics, including group process components, theories of development, stages, roles and behaviors of the group members, and therapeutic factors of group work.
<b>2</b>	Demonstrate understanding of leadership styles and group access, including characteristics of various types of group leaders and leadership styles.
<b>3</b>	Demonstrate understanding of theories of group counseling, including commonalities, distinguishing characteristics and relevant research literature.

### Course Evaluation Methods

In-term studies	Quantity	Percentage
Midterms	1	20
Quizzes	0	0
Projects	1	20
Term Projects	0	0
Laboratory	0	0
Attendance	0	0
<b>Contribution of in-term studies to overall grade</b>		<b>40</b>
<b>Contribution of final examination to overall grade</b>		<b>60</b>
<b>Total</b>		100

### ECTS (Allocated Based on Student) Workload

Activities	Quantity	Duration (hours)	Total Workload (hours)
Course Duration (Including the exam week : 16 x Total course hours)	16	4	64
Hours for off-the-classroom study (Pre-study, practice)	14	1	14
Assignments	1	2	2
Midterms	1	9	9
Final examination	1	11	11
Other	0	0	0
<b>Total Work Load</b>			<b>100</b>
<b>Total Work Load / 25 (hours)</b>			<b>4</b>
<b>ECTS</b>			<b>4</b>