

Course Title : Group Dynamics and Counseling

Code	Course Type	Regular Semester	Lecture (hours/week)	Seminar (hours/week)	Lab (hours/week)	Credits	ECTS
PSD 314	B	6	3	1	0	3.50	4
Lecturer and Office Hours			Erilda Ajaz, Msc				
Teaching Assistant and Office Hours							
Language			English				
Course Level			Bachelor				
Description			A study of the development of group dynamics, and theories regarding instruction group, group counseling and therapy group. Leadership styles are explored, techniques and roles, ethics and legal issues related to the group interventions.				
Objectives			This course aims to: introduce the basic theories and procedures of group counseling. utilize classroom lecture, discussions and film materials. to provide the ability to show an understanding of the theories and procedures used in the control group.				

Course Outline

Week	Topics
1	Presentations, discussions of curriculum, ethical and legal issues
2	Types of groups. Multicultural perspective on group work. Diversity and competent group counselor.
3	The group counsellor as a person and professional. The coleadership model.
4	Ethical and legal issues in group counselling
5	Theories of group counselling
6	Techniques of group counselling
7	Forming a group
8	Mid term exam
9	Initial stage of a group
10	Transition stage of a group.
11	Working stage of a group.
12	Final stage of a group.
13	Group counselling applied in the school settings with pupils and students.
14	Group counselling with children and other groups.
15	Project presentation
16	Final Exam
Prerequisites	
Textbook	• Corey, M.S., Corey, G., & Corey, C. (2013). Groups: Process and Practice. (9th Ed.). Belmont, CA: Thomson Brooks/Col

Other References	<ul style="list-style-type: none"> • - Donelson R. Forsyth-Group Dynamics-Wadsworth Cengage Learning (2009) - Ringer, M. T. (2001). Group Action. The Dynamics of Groups in Therapeutic, Educational and Corporate Settings. International Library of Group Analysis. - Proctor, M. B. (2008). Group Supervision: A Guide to Creative Practice, Counselling Supervision series. Sage Publications Ltd • - Ringer, M. T. (2001). Group Action. The Dynamics of Groups in Therapeutic, Educational and Corporate Settings. International Library of Group Analysis. • - Proctor, M. B. (2008). Group Supervision: A Guide to Creative Practice, Counselling Supervision series. Sage Publications Ltd
Laboratory Work	
Computer Usage	
Other	

Learning Outcomes and Competences

1	Demonstrate understanding of the principles of group dynamics, including group process components, theories of development, stages, roles and behaviors of the group members, and therapeutic factors of group work.
2	Demonstrate understanding of leadership styles and group access, including characteristics of various types of group leaders and leadership styles.
3	Demonstrate understanding of theories of group counseling, including commonalities, distinguishing characteristics and relevant research literature.

Course Evaluation Methods

In-term studies	Quantity	Percentage
Midterms	1	30
Quizzes	0	0
Projects	1	20
Term Projects	0	0
Laboratory	0	0
Attendance	0	0
Contribution of in-term studies to overall grade		50
Contribution of final examination to overall grade		50
Total		100

ECTS (Allocated Based on Student) Workload

Activities	Quantity	Duration (hours)	Total Workload (hours)
Course Duration (Including the exam week : 16 x Total course hours)	16	4	64
Hours for off-the-classroom study (Pre-study, practice)	14	1	14
Assignments	1	2	2
Midterms	1	9	9
Final examination	1	11	11
Other	0	0	0
Total Work Load			100
Total Work Load / 25 (hours)			4
ECTS			4