

Course Name : Introduction to Psychology							
Course Code	Course Type	Regular Semester	Lecture (hours/week)	Seminar (hours/week)	Lab. (hours/week)	Credits	ECTS
PSY 101	A	Fall	3.00	1.00	0.00	3.50	5.00
Lecturer		Mehmet Aslan, PhD					
Assistant							
Course language		English					
Course level		Bachelor					
Description		This course will be a brief and selective introduction to topics in contemporary psychology. The topics to be covered are diverse, covering scientific methods of research in psychology, learning, cognitive and social development, social behavior, personality, and psychological disorders and their treatment					
Objectives		Successful completion of this course will be determined by how well students demonstrate an understanding of the course objectives. Upon completion of this course, students will be able to: - Understand the vocabulary and concepts of psychology. - understand the research upon which the knowledge of human thought and behavior is based - understand how critical thinking skills are developed - be a cautious and analytical consumer of information that is proclaimed to be scientific or based on research - have a greater understanding and accepting of him/herself and others - describe the critical developments that led to the present discipline of psychology contrast and compare the three major - describe and apply psychological theory in some areas of his/her life					
Core Concepts							
Course Outline							
Week	Topic						
1	Exploring Psychology: Thinking critically with psychological science						
2	The biology of mind						
3	Consciousness and the two-track mind						
4	Nature, nurture and human diversity						
5	Sensation and perception						
6	Developing through the life span						
7	Learning						
8	Midterm Exam						
9	Memory						
10	Thinking, language and intelligence						
11	Motivation						
12	Emotions, stress and health						
13	Personality						
14	Psychological disorders						
15	Therapies						
16	Final Exam						

Prerequisites	The student must attend the course at a minimum rate of 75%.
Literature	• Myers, D. G. (2005). Exploring Psychology. In modules. New York: Worth Publishers.
References	• Gray, P. (2012). Psychology. 5th Edition. New York: Worth Publishers • Schacter, D.L., Gilbert, D.T. & Wegner, D.M. (2008). Psychology. New York: Worth Publishers • Schacter, D.L., Gilbert, D.T. & Wegner, D.M. (2008). Psychology. New York: Worth Publishers.
Course Outcome	
1	Will be able to comprehend the psychology field as a scientific field.
2	Understanding related scientific methodology and research in psychology.
3	Knowledge of sensory processes.
4	Understanding of developmental theories.
5	Establishes relationship the psychology knowledge with daily life.
6	Will be able to explain the main concepts and subjects related to the psychology field.
7	Explains the intelligence concept and intelligence theories.
8	Explains the concepts of sensation, perception and memory.
9	Describes the concepts and theories of learning.
10	Understanding of motivation underlying behavior.
11	Ability to differentiate normal and abnormal behavior.
12	Knowledge of cognitive development.

Course Evaluation			
In-term Studies	Quantity	Percentage	
Midterms	1	30	
Quizzes	0	0	
Projects	0	0	
Term Projects	1	20	
Laboratory	0	0	
Class Participation	1	10	
Total in-term evaluation percent			60
Final exam percent			40
Total			100
ECTS Workload (Based on Student Workload)			
Activities	Quantity	Duration (hours)	Total (hours)
Course duration (Including the exam week: 16x Total hours of the course)	16	4	64
Study hours outside the classroom (Preparation, Practice, etc.)	14	3	42
Duties	1	0	0
Midterms	1	10	10
Final Exam	1	15	15
Other	0	0	0
Total Work Load			131
Total Work Load / 25 (hours)			5.24
ECTS			5.00